# LENA AGREE JD, PSYD, LP

240 Martin St., First Floor Birmingham, MI 49008 248-219-2548

Drlenaagree.com

Lena@Drlenaagree.com

## PROFESSIONAL EXPERIENCE

2023-Present	Center for Nanny Assessment, LLC, Birmingham, MI; Owner Develop and administer proprietary assessment of potential caregivers; consult with parents
2023-Present	Member, Michigan Psychological Association Ethics Committee
2020-Present	Adjunct faculty, University of Detroit Mercy Graduate School of Psychology, Detroit, MI; Supervise doctorate students in clinical psychology
2016-Present	Lena Agree, JD, PsyD, LLC, Birmingham, MI; Owner, Licensed clinical psychologist Conduct out-patient psychotherapy, coaching and consulting with adults, adolescents and couples
2010-2018	Bodman PLC, Troy, MI; Attorney, Of-counsel
2009-2010	Bodman PLC, Troy, MI; Attorney, Partner Conduct commercial real estate and business transactions
2014-2016	Horizon Counseling Center, Royal Oak, MI; Clinical psychologist Conduct out-patient psychotherapy with adults, adolescents, and couples
2014-2015	Katherine K. Okla, PhD, Farmington Hills, MI; Forensic psychologist Analyze forensic material in criminal sexual cases regarding memory and competency to testify
2012-2014	Samaritan Counseling Center, Farmington Hills, MI; Psychotherapist (PsyD Internship) Conduct out-patient psychotherapy with adults, adolescents, children, couples
2011-2012	Sollars and Associates, Birmingham, MI; Psychotherapist Conduct out-patient psychotherapy with adults, adolescents, couples and groups
2009-2010	Community Programs, Inc., Waterford, MI; Psychotherapist (MA Practicum) Conduct in-patient individual and group adult psychotherapy with convicted criminals Develop and conduct anger management group for sex offenders
2007-2009	Bodman PLC, Troy, MI; Attorney and partner
1996-2007	Sommers Schwartz, P.C., Southfield, MI; Attorney

### **EDUCATION**

2014	PsyD, Clinical Psychology; Michigan School of Professional Psychology; Farmington Hills, MI
2012	PsyS, Clinical Psychology; Michigan School of Professional Psychology; Farmington Hills, MI
2010	MA, Clinical Psychology; Michigan School of Professional Psychology; Farmington Hills, MI
1996	JD, Wayne State University; Detroit, MI
1993	BA, Oakland University; Rochester, MI
1989-1992	University of Wisconsin; Madison, WI

#### **CERTIFICATIONS**

- 2023 Authority to Practice Interjurisdictional Telepsychology (APIT) under PSYPACT
- 2021 Certificate of Professional Qualification (CPQ), Association of State and Provincial Psychology Boards (ASPPB)
- 2021 Adult Attachment Projective picture system; Certification to administer.
- 2021 Gottman Method Couples Therapy; Certification Levels 1 & 2.
- Parental Reflective Functioning on the Parent Development Interview. Certification as a reliable coder. 2018 Parent Development Training Institute, Yale Child Study Center, New Haven, CN
- Reflective Functioning on the Adult Attachment Interview: Certification as reliable coder. Anna Freud 2017 National Center for Children and Families, London, England.
- 2016 Coaching and Psychotherapy Certificate. Zur Institute, Inc., Sebastopol, CA

#### **PSYCHOLOGY PUBLICATIONS**

Agree, L. (2024). Choose the Perfect Nanny and Keep Her! A manual for busy parents who want the best childcare. Amazon, Seattle, WA.

Agree, L. (2014). The experience of being in a long-term, monogamous, heterosexual, BDSM relationship (Doctoral dissertation). Proquest. Publication number 3635386

Agree, L. (2010). The experience of being an atheist in a religious family (Unpublished masters thesis). Michigan School of Professional Psychology, Farmington Hills, MI.

#### **LEGAL PUBLICATIONS AND PRESENTATIONS**

Agree, L. (1999, 2008). *Seller disclosure requirements*, in Michigan Residential Real Estate Transactions, Chapter 4. The Institute of Continuing Legal Education.

Agree, L. (2002). *Mortgage and other real estate financing documents* (Online publication). The Institute of Continuing Legal Education.

Agree, L. (2002). *Mortgage and other real estate financing documents* (Seminar presentation). The Institute of Continuing Legal Education, Troy, MI.

Agree, L. (1997-2001). *Getting started – How to set up a nonprofit, tax-exempt corporation* (Seminar presentations). Accounting Aid Society, Grosse Pointe, MI.

Agree, L. (1999). *IRS rulings you can't afford to ignore* (Seminar presentation). Michigan Nonprofit Association, Farmington, MI.

#### **AWARDS AND SCHOLARSHIPS**

2013-2014	Honors Society candidate, Michigan School of Professional Psychology
2012	Jill Benton Humanistic Psychology Scholarship, Michigan School of Professional Psychology
2001	Best Lawyers in America, Consumer Guide
1993	Academic honors, Oakland University
1992	Dean's list, University of Wisconsin, Madison

#### **RELEVANT SEMINARS AND TRAINING**

Mentalization-Informed Family Systems Therapy (MIST); Mentalization Initiative; 2022-2023

Mentalization-Based Treatment for Adolescents (MBT-A); Anna Freud National Centre for Children and Families, London, England; 2017, 2021.

Mentalization-Based Treatment (MBT): Certificate course- Practitioner level; Anna Freud National Centre for Children and Families, London England/Los Angeles, CA; 2017, 2018, 2019.

MMPI-2RF Introduction and Interpretation Workshop; University of Minnesota Press, Minneapolis, MN; 201

An Introduction to Scoring and Clinical Applications of the Social Cognition and Object Relations Scale-Global Rating Method (SCORS-G), New Orleans, LA; 2019.

Mentalization-Based Treatment for Parents: Reflective Parenting; Anna Freud National Centre for Children and Families, London, England; 2018.

Coding Parental Reflective Functioning on the Parent Development Interview (PDI); Yale Child Study Center, New Haven, CN; 2017.

Adult Attachment Interview - Reflective Functioning assessment (AAI-RF); Anna Freud National Centre for Children and Families, London, England; 2016.