

LENA AGREE JD, PSYD, LP

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PROFESSIONAL EXPERIENCE

- 2016-present Solo private practice, Birmingham, MI
Conduct out-patient psychotherapy, coaching and consulting
- 2014-2016 Horizon Counseling Center, Royal Oak, MI (Independent contractor)
Conduct out-patient psychotherapy with adults, adolescents, couples
- 2014-2015 Katherine K. Okla, PhD, forensic psychologist, Farmington Hills, MI
Analyze forensic material in criminal cases regarding memory and competency to testify
- 2012-2014 Samaritan Counseling Center, Farmington Hills, MI
Conduct out-patient psychotherapy with adults, adolescents, children, couples
- 2011-2012 Sollars and Associates, Birmingham, MI
Conduct out-patient psychotherapy with adults, adolescents, couples and groups
- 2009-2010 Community Programs, Inc., Waterford, MI (MA Practicum)
Conduct in-patient individual and group adult psychotherapy with convicted criminals
Develop and conduct anger management group for sex offenders
- 2009-present Attorney, Bodman PLC, Troy, MI; Of counsel
- 2007-2009 Attorney, Bodman PLC, Troy, MI; Partner
- 1996-2007 Attorney, Sommers Schwartz, P.C., Southfield, MI
- 1994-1996 Judicial Intern, United States District Court, Sixth Circuit, Hon. Gerald Rosen

EDUCATION

- 2014 PsyD, Clinical Psychology; Michigan School of Professional Psychology; Farmington Hills, MI
- 2012 PsyS, Clinical Psychology; Michigan School of Professional Psychology; Farmington Hills, MI
- 2010 MA, Clinical Psychology; Michigan School of Professional Psychology; Farmington Hills, MI
- 1996 JD, Wayne State University; Detroit, MI
- 1993 BA, Oakland University; Rochester, MI
- 1989-1992 University of Wisconsin; Madison, WI

CERTIFICATIONS

Coaching and Psychotherapy Certificate. Zur Institute, Inc. 2016

PSYCHOLOGY PUBLICATIONS

Agree, L. (2014). *The experience of being in a long-term, monogamous, heterosexual, BDSM relationship* (Doctoral dissertation). Proquest. Publication number 3635386

Agree, L. (2010). *The experience of being an atheist in a religious family* (Unpublished masters thesis). Michigan School of Professional Psychology, Farmington Hills, MI.

LAW PUBLICATIONS AND PRESENTATIONS

Agree, L. (1999, 2008). *Seller disclosure requirements*, in Michigan Residential Real Estate Transactions, Chapter 4. The Institute of Continuing Legal Education.

Agree, L. (2002). *Mortgage and other real estate financing documents* (Online publication). The Institute of Continuing Legal Education.

Agree, L. (2002). *Mortgage and other real estate financing documents* (Seminar presentation). The Institute of Continuing Legal Education, Troy, MI.

Agree, L. (1997-2001). *Getting started – How to set up a nonprofit, tax-exempt corporation* (Seminar presentations). Accounting Aid Society, Grosse Pointe, MI.

Agree, L. (1999). *IRS rulings you can't afford to ignore* (Seminar presentation). Michigan Nonprofit Association, Farmington, MI.

AWARDS AND SCHOLARSHIPS

2013-2014	Honors Society candidate, Michigan School of Professional Psychology
2012	Jill Benton Humanistic Psychology Scholarship, Michigan School of Professional Psychology
2001	Best Lawyers in America, Consumer Guide
1993	Academic honors, Oakland University
1992	Dean's list, University of Wisconsin

PROFESSIONAL AFFILIATIONS

2016-present	International Society for the Study of Trauma and Dissociation
2012-present	American Psychological Association, Divisions 32 and 39
2012-present	Michigan Psychological Association (MPI)
2012-present	Michigan Society for Integrative Psychoanalytic Studies (MiSIPS)

2014-present American Professional Society on the Abuse of Children

1996-present Michigan Bar Association

SEMINARS ATTENDED

2016

Mentalization-Based Treatment: Basic Training; Anna Freud National Centre for Children and Families

Coaching and Psychotherapy; Zur Institute, Inc.

2014

Spontaneity and Restraint in Child Psychoanalysis; Martin Silverman, M.D.; Michigan Psychoanalytic Society

Hospital Based Health Psychology; Michigan School of Professional Psychology (MiSPP)

Defense Mechanisms of Pregnant Mothers Predicting Attachment Security
in their Infants and Toddlers; John Porcerelli, PhD; MiSPP

Identifying and Working with the Highly Sensitive Client Part I; Amy Hanes, TLLP; MiSPP

Identifying and Working with the Highly Sensitive Client Part II; Amy Hanes, TLLP; MiSPP

Brief Psychotherapies Part II; Nancy Liebler, PsyD; MiSPP

Substance Abuse and Problematic Behavior in Teens; Julie Fisher, M.Ed.; MiSPP

Psychodynamic Orientations Framework for Treating Personality Disorders; Steven Huprich, PhD;
MiSPP

Seeking Wellness in Treating Eating Disorders; Jackie Meyers, PsyD; MiSPP

Art Therapy Series Part I: Assessment Using the DAPP; Karen Schurgin, PsyD; MiSPP

2013

Process Interventions in Therapy; Lee Bach, PhD; MiSPP

The Experience of Gay Muslim Men in the U.S.; Edward Jackson, PsyD; MiSPP

Art Therapy Series Part II: Magazine Photo Collage; Karen Schurgin, PsyD; MiSPP

Sexual Health Series Part I: Taking a Thorough Sexual Health History; Jill Castro, PsyD; MiSPP

The Adaptive Quality of Symptoms Part I; James Jones, PhD; MiSPP

Introduction to EMDR; Lawrence Wentworth, PhD; MiSPP

Sexual Health Series Part II: Sexuality in Older Adulthood; Jill Castro, PsyD; MiSPP

Art Therapy Series Part III: Phenomenological Art Assessments; Karen Schurgin, PsyD; MiSPP

The Adaptive Quality of Symptoms Part II; James Jones, PhD; MiSPP

Sexual Health Series Part III: Sexuality During Body Transitions; Jill Castro, PsyD; MiSPP

Family Constellation Therapy; Lawrence Wentworth, PhD; MiSPP

Intersection of Spirituality and Psychoanalysis; Franklin Sollars, PhD; MiSPP

Assessment with Transgender Clients: Ethics and Instrument Selection; Dustin Shepler, PhD; MiSPPs

Phenomenological Existential Dream Analysis; Karen Schurgin, PsyD; MiSPP

Using Self Compassion as a Therapeutic Tool; Dana Howley, PsyD; MiSPP

Brief Psychotherapies Part I; Nancy Liebler, PsyD; MiSPP

Teen Suicide and Self-Harm; Mary Brennan, MA; MiSPP

Common Childhood Diagnoses and Play Therapy Techniques to Help Treat Them; Laura Hutchison, PsyD; MiSPP

Art Therapy and Spirituality; Gail Singer Miller, MA, ATR, LPC; MiSPP

2012

Existential Psychotherapy with Clients; Lee Bach, PhD; MiSPP

Assessment and Treatment of Eating Disorders; Kristine Vazzano, PhD; MiSPP

Transgender Care; Shari Slebodnik, MS; MiSPP

Domestic Violence Treatment and Referral for Services; Haven representative; MiSPP

Socially Just Approaches to Psychological Distress; David St. John, PhD; MiSPP

Interpretive Summaries and Treatment Planning; Bethany Helfman, PsyD; MiSPP

The Impact of Judaism and Spirituality on Psychology; Rabbi Aaron Bergman; MiSPP

Working with the School System to Provide Integrative Treatment; Jackie Tobey, MA; MiSPP

Body Image & Implications for Treatment in Body Dysmorphic & Eating Disorders; Bethany Helfman, PsyD; MiSPP

Constellation Therapy; Lawrence Wentworth, PhD; MiSPP

2011

Treating Psychiatric Emergencies; Sandy Koltonow, MD, PsyS; MiSPP

Complementary & Alternative Medicine: Evidence-Based Treatments in Mental Health; Lila Massoumi, MD; MiSPP

The Correlation of Traumatic Brain Injury, Aggressive Behaviors and Substance Abuse; Colin King, PhD; MiSPP

The Neurobiology of Psychoanalysis; Richard Marcolini, MD; MPI

Psychodynamic Assessment; Marc Rosen, PhD; MPI

Infancy: Merging and Individuation; Don Spivak, M.D.; MPI

Freudian Psychology; Franklin Sollars, PhD; MiSIPS

2010

Introduction to Object Relations Theory; Suanne Zager, LMSW; MiSIPS